Flowering Flame
In March, many of Japan’s famous cherry blossom trees begin to bloom. This year, the much-anticipated annual event will also signal the start of the torch relay for the 2020 Summer Olympics. The Olympic flame will eventually make its way to the games’ opening ceremonies in Japan’s capital city of Tokyo in July. The flame’s torch was designed to resemble the five petals of the cherry blossom.

Up To Bat
Major League Baseball gets an early start, beginning the 2020 season on March 26. If the weather cooperates, all 30 teams will start their schedules on the same day, which would be a first since 1968. Rain and snow postponed opening day for several teams last year.

Get the Best Deal
A little effort can often save you a lot of money. Before making a purchase, compare prices online or use a comparison website or mobile app to make sure you are getting the best possible price.

Help for Bird-Watchers
With spring comes the return of migrating birds. If you’re a backyard birder and have a question specific to your area, you don’t have to just wing it. Reach out to your local chapter of the National Audubon Society, which has nearly 500 offices nationwide.

Springing Into the Season
With their trumpet-shaped blooms, daffodils announce the arrival of spring. The bright yellow and white flowers are one of the season’s first and among the few plants that can grow through the snow. According to a Welsh legend, if you see the first daffodil, your year ahead will be filled with wealth.

Welcoming Spring
The vernal equinox, which marks the beginning of spring in the Northern Hemisphere, occurs on March 19. On this day, the sun is directly over the equator, so day and night all over the world are of equal length.

Easy Organization: Disappearing Clutter
Use a decorative photo storage box as an inbox for all of the papers that come into your home, such as mail, receipts and invitations. Empty the box and sort through the pile once a week. The best part? If a guest stops by, you can just pop on the lid to hide the paper clutter.
TRIVIA
WHIZ

Count On It
Every 10 years, the U.S. Census Bureau sets out to count every person living in the United States. Most households will receive their 2020 census letters by mid-March, and the official National Census Day is April 1.

- The 2020 census will count the population in all 50 states, the District of Columbia, and five U.S. territories.
- Census data determines the number of seats each state has in the U.S. House of Representatives, as well as how many Electoral College votes each state gets.
- The census results also guide how federal funding is distributed for schools, roads, hospitals and other public services.
- The Constitution mandates the census, and 2020 marks the 24th time that the country has counted its population since 1790.
- This is the first U.S. census that offers the options to respond online or by phone. In the past, responses could only be made by filling out a paper form.
- To help with the count, about half a million people are hired as temporary census workers.
- Census workers will visit homes in remote areas, such as rural Alaska, to gather information in person. People in the rest of the country who do not respond by early April may receive visits from workers who will conduct interviews and collect responses using smartphones.
- The country’s population is projected to be 333,546,000 this year, an 8% increase from 2010.

Load Up on Lemons
Lemons make a pretty garnish and can brighten the flavors of foods, but they also have many other uses thanks to their natural antibacterial, deodorizing and bleaching properties. When life gives you lemons, put them to work around your home.

Some cut fruits, such as apples, pears and avocados, start turning brown after they’re exposed to air. You can slow this natural oxidation process by squeezing lemon juice over the fruit’s flesh.

Disinfect and deodorize wooden cutting boards and utensils by rubbing a cut lemon over the surface. Let the wood absorb the juice; when dry, wipe with a clean, damp cloth.

Clean your microwave oven by adding 1/4 cup of lemon juice to 2 cups of water in a microwaveable glass container. Microwave on high for about five minutes. Wait another five minutes, then remove the container and wipe away the loosened grime and grease. This also works using sliced lemons in a bowl of water.

Lemon juice is a natural bleaching agent. When washing a load of white laundry, add 1 cup of lemon juice along with your regular detergent. As a result, your whites will both be bright and smell citrus-fresh.

Bright yellow lemons are available year-round and can perk up a table or countertop. Toss a bunch in a bowl for a simple and sunny centerpiece.

Give It a Whirl
The Lazy Susan, a spinning base with an attached platter, may seem old school, but it’s a smart and simple organizing tool. A variety of styles are available from retailers, and you can often find them at yard sales and thrift stores. Here’s how to spin your way to an orderly and more accessible household.

On the table. To use as originally intended, add a Lazy Susan to your dinner table for serving condiments, sugar, butter, and salt and pepper.

In the cupboard. Organize canned goods and spices so you can easily see and grab what you need.

In the fridge. Store bottles and jars on a small Lazy Susan and just spin the tray to find items such as pickles, jelly, salad dressing, horseradish and soy sauce.

On the kitchen counter. Use one to corral cooking utensils, spices and oils, so that often-used items can stay close at hand.

In the bathroom. A Lazy Susan on the counter can hold cotton balls, lotion, shaving cream and hand soap. A rotating tray under the sink is a good place for cleaning supplies and extra toiletries such as shampoo and conditioner.

For kids and crafters. Organize markers, crayons, paints and other crafting supplies atop a Lazy Susan to keep everything in easy reach.
Fresh Berry Salad With Poppy Seed Dressing

Dressing Ingredients:
- 3/4 cup apple cider vinegar
- 3/4 cup lemon juice
- 1/4 cup Dijon mustard
- 1/2 cup sugar
- 1 teaspoon kosher salt
- 1/2 teaspoon black pepper
- 1 tablespoon poppy seeds
- 1 2/3 cups canola oil

Salad Ingredients:
- 6 cups spinach
- 2 cups romaine lettuce
- 3/4 cup sliced fresh strawberries
- 1/3 cup fresh blueberries
- 1/3 cup feta cheese
- 1/3 cup walnuts
- 2 tablespoons chopped scallions
- 1/3 cup canned mandarin oranges, drained
- 1/2 avocado, diced

Directions:
In blender, combine apple cider vinegar, lemon juice, Dijon mustard, sugar, salt, pepper and poppy seeds. Blend 1 minute, or until smooth. Slowly add in canola oil and continue to blend until oil is fully emulsified. Set dressing aside.

In large bowl, combine all salad ingredients with dressing. Toss thoroughly.

Find more recipes at SweetTomatoes.com.
1923: The dance marathon craze kicks off in New York City, after Alma Cummings sets a record by dancing continuously for 27 hours.

1933: President Franklin D. Roosevelt gives his first “fireside chat,” broadcast to the nation on radio.

1941: Actor Jimmy Stewart enlists in the U.S. Army Air Corps. During World War II, he rose to the rank of colonel.

1950: Silly Putty goes on sale.


1988: Author Toni Morrison wins the Pulitzer Prize for her novel “Beloved.”

1990: To honor the NBA’s all-time leading scorer, Kareem Abdul-Jabbar, the Los Angeles Lakers retire his No. 33 jersey.

2006: The English language version of the online encyclopedia Wikipedia reaches 1 million entries.

2011: NASA’s Discovery space shuttle completes its 39th and final mission.

2019: England’s Queen Elizabeth II makes her first post on Instagram. She shared an image of a letter from inventor Charles Babbage to her great-great-grandfather, Prince Albert.